



LGBT+ HELPLINES / SUPPORT GROUPS

Do you identify as Lesbian, Gay, Bisexual, Transgender, NB+ or are just confused? Do you have family or friends who are struggling?

However you feel, if you need support or just a confidential chat there are many people who are there to listen and help.

Sometimes we need them and sometimes our family or friends may need them. Remember here is a place to find lots of them!

Check out our Weymouth Gay Group website helplines page
<https://weymouthgaygroup.weebly.com/helplinessupport-groups.html>

